

Questionnaire regarding the Medical Fitness Examination for Seafarers Please fill in this questionnaire thoroughly as preparation for your examination.

Personal details:

| Last name: | First name: | Date of birth: | | | | |
|---|---|---|--|--|--|--|
| Address (multiple lines): | Telephone number (mobile and/or landline): | E-mail (multiple lines): | | | | |
| Nationality: | Birthplace and country: | Birthplace and country: | | | | |
| Shipping company / employer: | Type of service on board: | Type of service on board: | | | | |
| Initial examination | Last medical fitness examination | Last medical fitness examination (MM/YYYY): | | | | |
| Follow-up examination | Name of physician and place: | | | | | |
| | I have brought my German Medical Certificate with me. | | | | | |
| Does your employer pay accident insura flag? Please include the cost absorption | • | | | | | |

Details on existing conditions:

| Have you ever been declared medically unfit? | Over the last two years, have you been certified to be | | | | |
|--|--|--|--|--|--|
| (medical fitness examination for seafarers, | unfit for work or have you been transferred from the | | | | |
| medical fitness examination for military service, | ship to a position at land due to illness? | | | | |
| etc.) No Yes | No Yes | | | | |
| Have you been involved in an accident prior to your | Do you currently suffer from any health problems or are | | | | |
| initial examination or since the last medical fitness | you currently receiving any medical/dental treatment? | | | | |
| examination for seafarers? | No Yes | | | | |
| No Yes | I am currently off-sick from work. | | | | |
| When? Which injury/injuries? Any remaining issues | Illness: | | | | |
| from this injury/these injuries?: | Last dentist appointment: | | | | |
| Are you registered as a | Do you have any allergies? | | | | |
| handicapped person? No Yes | No Yes | | | | |
| Degree of disability?: | Which?: | | | | |
| Do you take any medication on a regular basis? | Do you smoke? (cigarettes, pipe, shisha, e-cigarettes, any | | | | |
| No Yes | other) | | | | |
| Which?: | No Yes | | | | |
| Do you drink alcohol? No Yes Occasionally daily Amount: | Do you take drugs? No Yes not anymore since: | | | | |
| SHave you ever been treated or operated in a hospital? No Yes When?: What for?: | | | | | |
| For female crew members: Are you pregnant? | No Yes (See Leaflet) | | | | |

Are you suffering or have you ever suffered from the following illnesses /anomalies? Please answer each question with yes or no. Any answers with yes, please clarify below under remarks.

| | No | Yes | No | Yes | | No | Yes |
|----------------------------|----------------------|--------------------------------------|-----|-----|-----------------------|----|-----|
| 1. Visual aid | | 9. Frequent or severe | | | 17. Mental | | |
| (e.g. glasses or | | headache (e.g. | | | diseases | | |
| contact lenses) | | migraine, cluster | | | (e.g. depression, | | |
| | | headache) | | | psychoses, | | |
| | | | | | anxiety) | | |
| 2. Colour vision | | 10. Infections | | | 18. Dizziness, | | |
| deficiency/ | | (e.g.jaundice | | | unconsciousness | | |
| weakness | | (hepatitis), diarrhoea) | | | imbalance | | |
| | | (hepatitis), diarribea) | | | | | |
| 3. Nyctalopia (night | | 11. Metabolic disease | | | 19. Blood diseases | | |
| blindness) | | (e.g. diabetes, obesity, | | | (e.g. anaemia, | | |
| | | thyroid disease) | | | leukaemia) | | |
| 4. Eye disease | | 12. Diseases of the | | | 20. Cancer | | |
| (e.g. glaucoma) | | genito-urinary system | | | | | |
| | (e.g. kidney stones, | | | | | | |
| | | urinary tract infections) | | | | | |
| 5. Dental problems, | | 13. Diseases of the | | | 21. Skin diseases | | |
| prosthesis, implants | | digestive system (e.g. | | | (e.g. psoriasis, | | |
| | | stomach, bowel, liver, gall | | | eczema) | | |
| | | bladder, e.g. haemorrhoids, | | | | | |
| | | blood in the stool) | | | | | |
| 6. Sleep disturbances | | 14. Sexually transmitted diseases (S | FD) | | 22. Hernia | | |
| 7. Cardiovascular | | 15. Diseases of the | | | 23. Neurological | | |
| diseases | | locomotor system (e.g. | | | diseases (e.g. | | |
| (e.g. high blood pressure, | | broken bones, | | | seizures, stroke, | | |
| thrombosis, varicose | | amputations, | | | multiple sclerosis, | | |
| veins, cardiac | | endoprotheses, back/joint | | | Parkinson's disease) | | |
| arrhythmias, heart | | problems, reduced | | | | | |
| attack) | | mobility) | | | | | |
| 8.Respiratory diseases | | 16. Ear disorders | | | 24. Any other | | |
| (e.g. frequent bronchitis, | | (e.g. tinnitus, hardness of | | | diseases that are not | | |
| asthma, tuberculosis) | | hearing, hearing aid) | | | listed | | |

Remarks (multiple lines):

Declaration:

I hereby declare that the above mentioned and personally completed details are true, complete and have been given to the best of my knowledge. Omitting any significant medical problems or stating false information may result in legal action.

II have been referred to the information sheet regarding data protection by the BG Verkehr / Ship Safety Division on the website https://www.deutsche-flagge.de/en/data-protection.

place, date

signature In the case of minors: signature of the person entitled custody; the assent applies to any acts of legal significance relating to the medical fitness for sea service.

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