



**MINISTRY OF TRANSPORT**  
**DEPARTMENT OF MARINE ADMINISTRATION**

No-363/421, Corner of Merchant & Theinbyu Road,  
Botataung Township, Yangon, Myanmar

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**Date:** 1 January 2013

## **Shipping Circular No. 2/2013**

**To:** Shipowners, agents, masters, seafarers, approved medical doctors and approved medical referees.

**Subject:** **Approved Medical Doctors with effect from 1 January 2013**

**Ref:**

- (a) *Merchant Shipping Act, Section 21, Notification 108/20;*
- (b) *Guidance for Seafarer Medical Examinations and Certifications, June 2012*
- (c) *Section A-I/9 of the STCW Code, including 2010 Manila Amendments;*
- (d) *Maritime Labour Convention (MLC), 2006.*

### **1. Application**

- a. The Shipping Circular No. 4/2012 and the Guidance for Seafarer Medical Examinations and Certifications, June 2012 make it a legal requirement for Myanmar seafarers to hold a valid certificate attesting to their medical fitness for the work for which they are employed.
- b. Medical certificates to seafarers are to be issued shall be valid for a maximum of two years.
- c. Applications may be made directly by seafarers to one of the DMA approved **Medical Doctors**, listed in [Appendix A](#).
- d. The List of **Medical Referees** who have been appointed to carry out seafarer medical reviews (appeals) is attached in [Appendix B](#).

### **2. Appointment of approved medical doctors**

- a. In general, approved medical doctors have been officially registered at the Department of Marine Administration after followed-up site visit inspection to the respective medical centres including appropriate facilities and equipments. The whole process and structure shall be kept under review to ensure quality standards by a periodical monitoring system where a requisition has been demonstrated.

- b. Whenever it is necessary to appoint for certain provisional vacancy, any suitable applicant who has initiated the DMA will be kept on a roster. All applicants are considered by the DMA in relation to their qualifications, experience, facilities and availability, and the successful applicant is appointed for one year at a time.
- c. Hitherto, the DMA has appointed no one as an approved medical doctor abroad yet Director General may wish to approve doctors overseas in countries to provide such service for Myanmar seafarers upon necessity.

**3. List of approved medical doctors and optometrists**

- a. A register of approved medical doctors will be posted publicly, and regularly updated if there are any changes, on the DMA’s webpage on:  
<http://www.dma-mm.org/>
  - b. Approved optometric examiners are normally designated by Director General.
4. This Circular serves to inform that with effect from the Date of **1 January 2013**, the approved medical doctors, medical referees, shipowners, agents, masters and seafarers shall have to follow the Circular for the purpose of Seafarer’s Medical Examinations and Certifications.
5. For more information on the contents of this Circular or any aspect of seafarer medical certification is available from any of the approved doctors listed in the Appendices, or the DMA at the address below: -

**DMA – Medical Administration Team contact details**

Enquiries: Phone: +95 1 397642  
Email: [dmamcreport@gmail.com](mailto:dmamcreport@gmail.com)

Individual contacts: Capt. Ko Ko Naing  
Phone: +95 1 556097

Head Office	Dawbon Branch
No 363/421, Corner of Merchant and Theinbyu Road, Botataung Township, Yangon, Myanmar. Tel: +095 -1- 397640 Fax: +095 -1- 397641 Postal Code: 11161 E-mail: <a href="mailto:dma.myan@gmail.com">dma.myan@gmail.com</a>	Department of Marine Administration, Dawbon dockyard Street, Dawbon Township, Yangon, Myanmar. Tel: +095 -1- 556097; 556041 Fax: + 095 -1- 556047 Postal Code: 11241 E-mail: <a href="mailto:myanmarine@mptmail.net.mm">myanmarine@mptmail.net.mm</a>

### List of DMA Approved Medical Doctors

Sr No	Name	Medical Centre	Subsidiary Clinic
001	Dr. U Ne Lynn	<b>7 Stars Medical Centre</b>	
002	Dr. U Aung Cho Tun	No. 429/437, Merchant Road, (Corner of Theinphyu Road & Merchant Road) . Botahtaung Township, Yangon. Myanmar. Phone: 398165	
003	Dr. U Swe Setk		
004	Dr. U Nyi Nyi Shin		
005	Dr. U Myo Nyunt		
006	Dr. U Soe Lwin	<b>Asia Pacific Centre for Medical &amp; Dental Care</b>	
007	Dr. U Zaw Lin	No.98(A), KabarAye Pagoda Road, Bahan Township, Yangon. Myanmar. Phone: 549152/ 553783/ 09-73216940	
008	Dr. U Myint Zaw		
009	Dr. Htwe Sein	<b>Asia Royal Cardiac &amp; Medical Centre</b>	
010	Dr. Daw Khin Swe Maw	No.14, Baho Street, Sanchaung Township, Yangon, Myanmar. Phone: 538055/537296	
011	Dr. U Moe Aung Kyaw Naing		
012	Dr. U Min Aung		
013	Dr. Daw Htay Htay		
014	Dr. Daw War War Win Myint		
015	Prof. U Thann Lwin		
016	Dr. Albert Tun Lin	<b>Aung Yadana Medical Centre</b>	<b>SML Advance Medical Laboratory</b>
017	Dr. U Lu Zaw*	No. 5/24, Thirigon Estate, Waizayantar Road, 16/2 Ward, Thingankyun Township, Yangon, Myanmar. Phone: 561878/573631/573632	003/004, Dagon Tower, Kabaaye Pagoda Road, Shwegonedaing Junction, Bahan Township, Yangon. 544463/544464/544465
018	Dr. U Aye Myint		
019	Dr. U Myint Thein		
020	Dr. U Hein Yarzar Aung		
021	Dr. U Tin Maung Nyunt		

Note: \* The said doctor is also available at the subsidiary clinic shown in the next column.

Sr No	Name	Medical Centre	Subsidiary Clinic
022	Dr. U Sann Lwin	<b>Aye Yeik Tha Clinic Medical Centre</b>	
023	Dr. U Zaw Win	(1) No.340, Shwebontha Street,	
024	Dr. U Aung Khin Sint	(2) No.258, Anawrahta Street,	
025	Dr. Tun Myint	Pabedan Township, Yangon, Myanmar.	
		Phone: 245351/253986	
026	Dr. Daw Lwin Tin Aye	<b>Bo Aung Kyaw Healthy Screening Centre</b>	
027	Dr. U Myint Soe Win	No. 106(B), Bo Aung Kyaw Street, G-F, Botahtaung Township, Yangon. Myanmar.	
028	Dr. U Zin Maung Thant		
		Phone: 09-448021641	
029	Dr. Min Swe	<b>Green Cross Hospital</b>	
030	Dr. Myint Thein	No. 101, Lan Thit Street, Lanmadaw Township, Yangon. Myanmar.	
031	Dr. Zaw Myo Oo		
032	Dr. Than Than Thwin		
033	Dr. Daw Pyone		Phone: 2300551/2300651
034	Dr. Yu Mon	<b>Kembangan-Radtant Medical &amp; Aesthetic Centre</b>	
035	Dr. Sabai Chain	No.361-363/2-B, Shwebontha Street, Upper, Yangon.	
036	Dr. Saw Oo Tan		
		Phone: 392955/389824	
037	Dr. Moe Myint Aung	<b>Moe Thee General Clinic &amp; Hospital</b>	
038	Dr. Toe Sanda	(1)-No.74, Yeekyaw Road Opposite To Y.M.B. A , Pazundaung Township, Yangon, Myanmar.	
039	Dr. Min Zaw Oo		
040	Prof. Kyi Kyi Nyunt		
041	Prof. Than Than Aye	Phone: 293504	

Note: \* The said doctor is also available at the subsidiary clinic shown in the next column.

Sr No	Name	Medical Centre	Subsidiary Clinic
042	Prof: Dr. Daw Khin Mya Win	<b>Nay Zar Medical Centre</b>	
045	Dr. Nyunt Aung	353/355, Ground Floor, Shwebonthar Upper Road, Pabedon Township, Yangon, Myanmar.	
		Phone: 383744/388083	
048	Dr. U Zay Ya Aye*	<b>Parami General Hospital</b>	<b>Sai Care Clinic</b>
049	Dr. U Shein Myint	No.60 (G-1), New Parami Road, Mayangone Township, Yangon,	Room No. 005,9th Floor, Yuzana Tower, Bahan Township, Yangon
050	Dr. Daw Khin Than Htay		951-559364/ 1220131
051	Dr. Daw Myat Myat Soe		
052	Dr. Daw Sandar Lin	Phone: 651674/660083	
053	Dr. Tin Maung	<b>Pun Hlaing Hospital</b>	
054	Dr. Win Win May	No.380, 4th floor, FMI Centre, Bogyoke Aung San Road, Pabedan Township, Yangon.	
		Phone: 687323(Hospital) 243010(FMI Clinic)	
055	Dr. U Aung San Phyo	<b>Rose Hill Hospital</b>	
056	Dr. U Min Zaw Htun	No.20/A, Kabar Aye Pagoda Road, Bahan Township, Yangon.	
057	Dr. Daw Aye Aye New		
058	Dr. Daw Nyunt Nyunt Sein	Phone: 558459/558401/552906	
059	Dr. U Aung Ze Moe	<b>Sakura Hospital</b>	
060	Dr. U Thein Soe	No.23, Shin Saw Pu Road, Sahchaung Township, Yangon.	
061	Dr. Daw Phyu Phyu Maw	Phone: 512668	

Note: \* The said doctor is also available at the subsidiary clinic shown in the next column.

Sr No	Name	Medical Centre	Subsidiary Clinic
062	Dr. Yin Nwe Htun	<b>Shwe Bon San Medical Centre</b>	
063	Dr. Sapai Myint	No.160, 1st Floor, U Chit Mg Road, Bahan Township, Yangon.  Phone: 09-49321150	
064	Dr. Soe Moe Aung	<b>Shwe Zi Wa Specialist Clinic</b>	
096	Dr. Soe Lwin	No.184, Seek KanThar Street, Kyauktada Township, Yangon.  Phone: 245838	
065	Dr. U Luu Zaw*	<b>SML Advance Medical Laboratory</b>	<b>Aung Yadana Medical Centre</b>
066	Dr. U Naing Lin	003/004, Dagon Tower, Kabaaye Pagoda Road, Shwegonedaing Junction, Bahan Township, Yangon.  Phone: 544463/544464/544465	No. 5/24, Thirigon Estate, Waizayantar Road, 16/2 Ward, Thingankyun Township, Yangon, Myanmar.  561878/573631/573632
067	Dr. Daw Yi Yi Lwin		
098	Dr. Ye Thwe		
068	Dr. U Win Thein	<b>Thu Kha Mingalar Medical &amp; Diagnostic Centre</b>	
069	Dr. U Maung Maung Myint	No.46/48, Shar Kone Street, Myaynigone, San Chaung Township, Yangon. Myanmar.  Phone: 09-73170255	
097	Dr. Hla Soe Lwin		
070	Prof. Daw Aye Aye Myint	<b>Thukha Gabar Hospital</b>	
071	Dr. U Maung Maung Gyi	No.615(E), Pyay Road, Kamar.yut Township, Yangon. Myanmar.  Phone: 500100/504545/526329	
072	Dr. U Tin Moe		
073	Dr. U Kyaw Zan Linn		
074	Dr. U Myo Myint		
075	Dr. Daw Khin Tint		

Note: \* The said doctor is also available at the subsidiary clinic shown in the next column.

Sr No	Name	Medical Centre	Subsidiary Clinic
076	Dr. U Myint Naing	<b>Thukha Nwe Specialist</b>	
077	Dr. Daw Nweni Than	No. 451, Merchant Street, Botahtaung Township, Yangon. Phone: 297440/200493	
078	Dr. Daw Wai Wai Lwin		
079	Dr. Daw Thidar Thein		
080	Dr. Khin Mar Cho	<b>White and Green Medical Centre</b>	
081	Dr. Khyn Oo Myint	72/A, YaMonNar 4th Street, YaMonNar Block 2, Dawbon Township, Yangon, Myanmar. Phone: 09-5012434/09-5021972	
082	Dr. Soe Minn	<b>Yadanar Myaing Health Screening Centre</b>	
081	Dr. Aung	No. 175, U Chit Mg Street, Bahan Township, Yangon, Myanmar. Phone: 401256	
084	Dr. Thida Aung	<b>Sai Care Clinic</b>	<b>Parami General Hospital</b>
085	Dr. Yadanar Kyaw	Room No. 005,9th Floor, Yuzana Tower, Bahan Township, Yangon Phone: 951-559364/ 1220131	No.60 (G-1), New Parami Road, Mayangone Township, Yangon, 657230; 651674; 660083; 650365; 657228; 237808
086	Dr. Zay Ya Aye*		
087	Dr. Ei Ei		
088	Dr. Myint Thu Lwin	<b>Kan Bawza Specialist Clinic</b>	
089	Dr. Saw Win	No.361-363/2-B, Shwebontha Street, Upper, Yangon. Phone: 09-73017231/09-5008571	
090	Dr. Kyi Soe		
091	Dr. Aung Wynn	<b>OSC Hospital</b>	
092	Dr. Khin Mya Su	No.137, Thudhamma Road, North Okkalapa Township, Yangon. Phone: 656176/652043/653207	
093	Dr. Myint Myint Hla		
094	Dr. Ne Win		
095	Dr. Shwe War Tint		

Note: \* The said doctor is also available at the subsidiary clinic shown in the next column.

Sr No	Name	Medical Centre	Subsidiary Clinic
099	Dr. San Lwin	<b>Kaung Htet - Myat Myinta Clinic</b>	
100	Dr. Kyin Min	No.57, Phone Gyi Road, 5th Block, Lanmadaw Township Yangon	
		Phone: 01 211779; 01 220072	
101	Dr. Naw Rebecca Htin	<b>Kweh Ka Baw Clinic</b>	
102	Dr. Saw Simon Tha	No.7/C, Station Road, Nant Tha Gone Ward, Insein Township, Yangon	
		Phone: 01 641086	
103	Dr. Khin Maung Kyaw	<b>International Marine Centre Medical Unit</b>	
104	Dr. Hla Oo	No. 17(1), Kyun Taw Street, Snachaung Township, Yangon.	
		Phone: 09-730 35935	
105	Dr. Soe Aung Zaw	<b>Victoria Hospital</b>	
106	Dr. Aung Thu Sein	No. 68, Tawwin Street, 9-Mile, Mayangone Township, Yangon	
107	Dr. Theingi Ko Gyi	Phone: 01-9666 141	

Note: \* The said doctor is also available at the subsidiary clinic shown in the next column.



### List of DMA Approved MEDICAL REFEREES

Sr. No	Name	Specialist	Address	Contact
1	Dr.Aye Win Set	Chest Physician	Yangon General Hospital, Department of Respiratory Medicine, Latha Township, Yangon	Phone: 297440
2	Dr.Than Sitt	Hepatologist	No(742), Mya Yadanar Street, 36th Ward, North Dagon, Yangon	Phone: 581336, 09-6504922 thonsitt@gmail.com
3	Prof. Khin Maung Han	Ortho- Surgeon	No (5/24), Thirigon Estate Waizayantar Road, 16/2 Ward, Thingangyun, Yangon	Phone: 855 1 355, 09-5000699 Fax: 8551355(Ext: 2344) aychospital@gmail.com
4	Dr. Zaw Sein Lwin	Psychiatrist	Consultant Psychiatrist Pun Hlaing Hospital, Pun Hlaing Golf Estate Avenue, Hlaing Tharyar Tsp, Yangon	Phone: 684323 (Ext : 3120) Fax: 684324
5	Prof: Win Myint	General Surgeon	Medical Director, Pun Hlaing Hospital, Pun Hlaing Golf Estate Avenue, Hlaing Tharyar Tsp, Yangon	Phone: 684323 (Ext : 1101, 3102) Fax: 684324 md.phih@spa.com.mm
6	Prof. Ko Ko Tin	Eye Specialist	No. 270 Shwe Bon Tha Street, Pabedan Tsp, Yangon	Phone: 376968, 095001021

*Applications for medical review/appeal should initially be made to the DMA Medical Administration Team at the above mentioned address on the form upon request. **Referees should not be contacted direct.***